

Insight Family Health Center

3175 Wrightsville Ave.

Wilmington, NC 28403

(910)763-1961 fax

(910)763-1960

www.insightfamilyhealth.com

Dear Prospective Patient:

Thank you for your interest in *Insight Family Health Center*. Our practice is dedicated to provide holistic health care to people of all ages. We customize our care to each individual and evaluate and treat their unique medical needs.

Our medical care providers are Tabettha L. Smith, MSN, FNP-C, Courtney W. Wilson, MSN, FNP-C, and Katherine S. Mann, MSN, FNP-C. Tabettha graduated in 1997 from the University of North Carolina at Chapel Hill with a Master of Science degree in Nursing specializing as a Family Nurse Practitioner. Courtney graduated in 1997 from Vanderbilt University with a Master of Science degree in Nursing specializing as a Family Nurse Practitioner. Katherine graduated in from the University of North Carolina at Chapel Hill with a Master of Science degree in Nursing specializing as a Family Nurse Practitioner. Both Courtney and Tabettha have degrees in Public Health/Health Education.

In NC, a NP is allowed to own their own practice of medicine. According to state law, NPs are required to have a supervising physician. Our supervising physician is Dr. William Rawls of Morehead City, NC. NPs are licensed in this state to diagnose, prescribe, and treat your health problems.

At *Insight Family Health Center*, we **accept most health insurance plans** and offer total holistic health care. We provide care when you are acutely sick (i.e. cold, flu, sinus infection, allergy flare, UTI, vaginal odor/itching, etc.) and when you have ongoing health problems. We provide wellness services such as routine physicals, pap smears and breast exams, and diet and nutrition/weight loss counseling and treatment, etc.

For your first visit, please remember **ALL** of the following:

1. ***If you have recently had lab work or diagnostic studies, please obtain copies and bring them with you to your appointment.*** Please also check to make certain your tetanus vaccination is up-to-date, which means it has been given in the last 10 years.
2. ***Please complete all of the forms and questionnaires BEFORE coming to your appointment.*** It may take several days to complete these forms. Please do not wait until the last minute! Please bring all of these forms to your visit.
3. ***You must arrive 10-15 minutes early for your appointment so that we can get your chart ready and get you into a room by your scheduled appointment time. We will have to reschedule your appointment if you do not arrive before your scheduled appointment time with your paperwork completed.***

We look forward to meeting you. If you cannot make it to your scheduled appointment, please call ***at least 1 week in advance to reschedule.*** Thank you for your time and for your active participation in your health care!

Sincerely,

The Staff of Insight Family Health Center