

# Katherine Sawyer Mann

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Objective To be involved in a collaborative practice as a team member in a challenging position that allows for the exploration of new opportunities based in a clinical practice.

Education Saint Mary's College  
Raleigh, North Carolina  
Associate of Arts 1980

Atlantic Christian College  
Wilson, North Carolina  
Bachelors of Nursing 1984

The University of North Carolina  
Chapel Hill, North Carolina  
Masters in Nursing 1992

Professional experience Duke University Medical Center  
Durham, North Carolina  
Neonatal Intensive Care Unit  
June, 1984 - June 1985

New Hanover Regional Medical Center  
Wilmington, North Carolina  
Registered Nurse  
Neonatal Intensive Care Unit  
July 1985- August 1987

New Hanover County Health Department  
Wilmington, North Carolina  
Registered Nurse, Family Planning Clinic  
August 1987 – August 1989

New Hanover Regional Medical Center  
Wilmington, North Carolina  
Registered Nurse  
Neonatal Intensive Care Unit

August 1989- July 1992

The University of North Carolina at Wilmington  
Student Health Services  
601 South College Road  
Wilmington, North Carolina 28403  
Family Nurse Practitioner  
July 1992- April 1997

Azalea Gynecology  
1814 New Hanover Medical Park Drive  
Wilmington, North Carolina 28403  
Family Nurse Practitioner  
April 1997 to Present

Duties include maintaining an individual patient base and providing well woman care for women of all ages from teens to women who are menopausal, diagnosing and treating acute gynecologic illness, STD counseling and treatment, contraceptive counseling, and other patient education.

Clinical interest include: nutrition and exercise, wellness, patient education and counseling, women's health, Bioidentical Hormone Replacement Therapy

Membership

North Carolina Nurses Association

American Academy of Nurse Practitioners

**Additional Training**

Nutritional Therapy Institute's program, Master Nutrition Therapy currently enrolled. Classes completed include: Anatomy and Physiology, Biochemical Foundations of Nutrition, Nutrients: The Building Blocks, Weight Management /Sports Nutrition, Food Therapy, Body Typing and Business, Digestion and Detoxification, Life Cycle/Anti-aging, Clinical Nutrition, and Reproductive Health and Nutrition. Completion date 1-2010.

ZRT Laboratories Bi-Identical Hormone Restoration Therapy in Females  
June 14, 2007

PCCA conference Functional Endocrinology and Anti-Aging Skin Care Symposium, November 30 – December 2, 2006

PCCA conference Bio-Identical Hormone Replacement Therapy January 27-29, 2005

Accreditation

American Nurses Credential Center: Certified as a Family Nurse Practitioner through November 30, 2012

Licensed as a Registered Nurse in North Carolina

Licensed to practice medicine as a Family Nurse Practitioner in the State of North Carolina

BCLS September, 2008

Interests and activities

My three Children, surfing, yoga and fitness, vegetarian cooking, and reading.